

PRE-RELEASE DISCHARGE PROGRAM

All prisoners being discharged from the service upon completion of confinement shall attend the below outlined program. This program will be provided during the last 2 weeks prior to the prisoner's scheduled release from confinement.

<u>SUBJECT</u>	<u>NO. OF HOURS</u>
1. Coping Skills (G. Graham)	7
2. Individual Counseling	3
Personal self concept/Responsibility	
Where prisoner plans to live	
Community Resources (Social Services, Vets)	
Medical Services/Medication Needed	
How prisoner will support self/others	
Personal items/date of release	
3. Work	7
Why work	
Getting a job/reading want ads	
Writing a resume/work history/Other	
Filling out a job application/format	
Interviewing for a job	
Keeping a job	
Educational/Vocational Training opportunities	
FICA/Wage deduction	
4. Fiscal	5
Managing money/budgets/debts	
Handling a checking account	
Establishing and maintaining credit/loans	
Preparing a Federal Income Tax Return	
Buying a used car/furniture	

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SUBJECT

NO. OF HOURS

5. Social

8.5

Citizenship/register to vote
Housing (rent or buy)
Personal Hygiene/dress
Recreation/Exercise/Use of Free Time
Obtaining Documents (Drivers License, Birth
Certificates, Marriage License, Hunting/Fishing
Licenses, Passports, Discharge Papers)
Alcohol Abuse
Religious Moral Guidance (marital problems, personal
stress)
Planning a family

6. Practical

5.0

Transportation Home
Clemency Request/Appellate leave
Effects of Other Than Honorable
Release papers
Payment of military fines
Discharge gratuity
Release clothing/civilian clothing
Return of personal effects

7. Communication skills

4.5

With parents/spouse/children
With friends/fellow workers
With supervisors at work